http://biarjournal.com/index.php/biolae

Analyzing the Content of 2nd Secondary School Grade English Language Textbooks in Light of Life Skills in Jordan

Mohammad Bani Amer¹, Majid Al-Khataybeh²

¹Ministry of Education, Jordan ²Mutah University, Jordan Email: baniamer1985@yahoo.com, majid@mutah.edu.jo

Abstract: This descriptive-analytic study aimed at identifying the included life skills in the content of 2nd secondary school grade English language textbooks in Jordan through a model for classifying life skills. The researchers designed the content analysis card sought to collect data relevant to the study. The findings of the study showed that there is variance in presenting the nine main domains in 2nd secondary school grade English language textbooks. Even in the one domain, there is a variance in presenting the items. The findings indicated that there are 2676 life skills included in 2nd secondary school grade English language textbooks in Jordan; the effective communicative 24.96%, interpersonal relationship 13.57%, decision-making 11.43%, problem-solving 10.61%, self-awareness building 10.54%, creative thinking 7.70%, empathy 7.66%, coping with stress and emotions 7.51%, critical thinking 6.02%. Also, the findings indicated that the effective communication life skills in 2nd secondary school grade English language textbooks in Jordan have the highest percentage.

Keywords: Life skill; 2nd secondary school grade; Jordan; Textbooks; English language

I. Introduction

The importance of English in the non-English world has made individuals try to develop their English in order to communicate well with individuals all over the world. Consequently, English has been one of the essential subjects for all stages in Jordan. Jordanian students learn English as a foreign language starting in the first grade and continue to do so until the twelfth grade.

English Language textbooks have a crucial role in the teaching-learning process. Textbooks provide resources to be educated by an instructor to learners and provide knowledge and information for learners (Cozens & Parker, 2020; Srivastava, 2017; Richards, 2001; Keshta, 2000).

English language textbooks serve as means of teaching and learning for both teacher and learner. EFL educators employ textbooks to guide their instructions. So textbooks greatly impact how content is delivered (Carretero Gómez, 2021; Tan, 2018; Irannezhad, 2017; Parry&Nomikou, 2014). Besides, textbooks such as English language textbooks are essential materials of the English curricula since it is the essence of teaching and learning English. In addition, there are many calls to activate these life skills as crucial substantial skills in the curricula, mainly EFL curricula (Bani Amer, 2021, Gayatri et al., 2017, Lagat, 2017).

$Britain\ International\ of\ \textbf{Linguistics,}\ \textbf{Arts}\ and\ \textbf{Education}\ (BIoLAE)\ Journal$

ISSN: 2685-4813 (Online), 2685-4805 (Print) Vol. 4, No. 1, March 2022, Page: 28-41

In Jordan's educational system, textbooks are considered the key components of the curriculum. The Directorate of Curricula in the Ministry of Education improves the content, the techniques, and the procedures for teaching and learning in the teaching space. They also provide an organized syllabus for instructors to follow in teaching a certain subject. In Jordan, the textbook is designed by authorized publishers based on the latest curriculum (Bani Amer& Al-Khataybeh,2021). Recently, the Ministry of Education launched curriculum 2015 which purposes to prepare productive, creative, and innovative generations of Jordan. As the new curriculum is applied, there are changes in the educational system, including the teaching materials. A textbook must be of a suitable quality, beneficial and appropriate for the context and individuals with whom they are being used if an instructor is going to use it in language teaching (Javrh& Mozina, 2018; Dhanasekaran, 2018; Kwauk & Braga, 2017).

The learners are witnessing rapidly changing social, moral, ethical, and religious values around them. Therefore, there is an urgent need to provide learners with a new set of ways and systems to deal with the demands of life; it is Basic that the learners be helped to develop their life skills to handle a variety of choices and changes (Saravanakumar, 2020; Ahmad, 2016; Fahim, 2005). Life skills grant the learners self-esteem and confidence through the implementation of life skills. This allows learners to be more competitive in a positive sense. Life skills encourage healthy behavior, maintain mental well-being and prevent behavioral and health problems (UNICEF, 2012). Therefore, life skills have been implemented in education settings and integrated into the curriculum of many countries (Monteiro & Shetty, 2016; Yadav & Iqbal, 2009).

Life skills are basic learning needs for Basic and Secondary stages learners' such as communication, intellectual capacity, interpersonal skill, self-esteem, leadership, and responsibility. Life skills enable learners to translate knowledge, attitudes, and values into actual abilities and enable learners to behave in correct ways; life skills improve the academic performance of learners (Nivedita & Singh, 2016; Al Masri&Smadi, 2016; Reddy, 2017).

Life skills are very useful for good adjustment in society. These are skills that motivate even more learners to behave in a healthy way if they wish to do so and have the scope or opportunity to do so. It forms a link between self-help and self-discipline. These skills also help to improve interpersonal relationships with a sense of physical and mental well-being. It promotes physical health, and positive mental and social attitudes. It also prevents mental disorders and behavior problems, as well as avoids health problems (Rani &Menka, 2019; Tan, 2018; Bardhan, 2016; Fitzpatrick, 2014).

Life skills can be mostly defined as abilities that enable individuals to deal dynamically with life's demands, problems, and challenges. They may also be defined as psychosocial skills, as they are psychological in nature and cover thinking and behavioral processes. Some define life skills as behavioral, cognitive, or interpersonal skills that enable persons to succeed in the parts of life, life skills are often broken down into three types; Thinking skills, social skills, and emotional skills. (Sharma, & Sharma, 2017; Borba, 2016; Singh&Gera, 2015; Yadav& Iqbal 2009).

The researchers believe that life skills are a series of experience that provides people with needed skills that develop their characters to be good members of their societies. There is a serious need to provide Jordanian 2nd secondary school grade with a list of life skills to cope with the progress of the world. In the current study, the researchers intend to investigate the extent of the existence of these life skills in the content of 2nd secondary school grade English language textbooks in Jordan through a model for classifying life skills.

1.1 Justification of Study

Textbook plays an important role in the overall development of human beings. School education helps in the formation of a sound personality in the secondary stage learners. Today, more and more societal pressures, greater complexity, uncertainty and diversity, rapid changes in the environment, and continued deprivation put 2nd secondary school grade students' at the crossroads of their lives facing an uncertain future in facing the responsibilities of adulthood and entering the world of work. During the 21st century, life, globally, is undergoing significant transition and change. Among the most affected are secondary school students. Life skills play an essential part in secondary school students which are the future of our country. If learners have better life skills they will adjust in a better way and their self-confidence will be higher. The young generation is the one who can easily bring about changes in society with their enthusiasm and zeal. That is why the researchers have selected the 2nd secondary school English language textbooks to analyze how well these textbooks include life skills. All the above factors provided enthusiasm to the researchers to take up the topic for this study.

1.2 Statement of the Problem

In light of the above justification, the researchers had planned to conduct the study entitled, "Analyzing the Content of 2nd Secondary School Grade English Language Textbooks in Light of Life Skills in Jordan."

1.3 Purpose of the Study

The purpose of the current study is to analyze the content of 2nd secondary school grade English language textbooks in Jordan based on the availability of life skills and to determine the frequencies and percentages of the life skills present in these textbooks.

1.4 Questions of the Study

To achieve the purposes of the study, the following questions were answered:

- 1. What are the life skills included in the 2nd secondary school grade English language textbooks in Jordan?
- 2. What are the occurrences of the sub-categories of life skills included in 2nd secondary school grade English language textbooks in Jordan?

II. Review of Literatures

Alsayel (2021) conducted a study aimed at analyzing the content in the 5th basic grade English language textbook of Jordan and Finland in light of life skills. The researcher prepared a list of life skills that have to be included in the 5th basic grade; she prepared a content analysis card consisting of three fields of life skills: mental, manual, and social. The study used a descriptive-analytical approach; the study sample was the 5th basic grade English textbooks of Jordan and Finland. The findings indicated that there were statistically significant differences in the degree of inclusion of overall life skills in the 5th grade English language textbooks between Jordan and Finland in favor of the Finnish textbook, and the findings also indicated that there were statistically significant differences in the degree of inclusion of the fields life skills in the 5th grade English language textbook between Jordan and Finland; where the Jordanian English language textbook surpassed the Finnish English language textbook in both mental and manual skills. However, the Finnish English language textbook surpassed the Jordanian English language textbook in social skills.

Al Jurani & Al Khalidi (2021) conducted research aimed to analyze the chemistry textbooks for the preparatory stage according to life skills. The researchers prepared a list of life skills included thirty skills for seven fields that are necessary for analyzing chemistry textbooks for achieving the aims of the research. The research adopted the analytical descriptive approach, the research sample consisted of three textbooks, a chemistry textbook for the 4th scientific grade, and a chemistry textbook for the 5th grade for (bio-applied), the researchers analyzed the content of the chemistry textbook for the 4th and 5th scientific grades in the (biological -applied) branch according to the modified tool. The researchers adopted the concept unit (explicit and implicit) as a unit for recording and repetition and as a unit for the census and to ensure the validity of the analysis, then analyzing a random sample and presenting it to a group of arbitrators. The arbitrators agreed on the validity of the analysis, and the stability of the analysis was calculated between the researchers and themselves over a period of time and presented to external analysts using the Copper equation. The results showed that the chemistry textbook for the 5th preparatory scientific (biological) grade at a frequency of (4791) with a percentage of (40.80%) among the three textbooks, The Chemistry textbook for the 4th preparatory scientific class came in second place with a frequency of (3547) with a percentage of (30.21%), and in the last place was the Chemistry textbook for the 5th preparatory class, the scientific branch (applied) with a frequency of (3402) with a percentage of (28.97%).

Al-Khlan's (2021) study aimed to identify the extent of integration, division, and balance of life skills in the Sharia sciences textbooks in the 4th, 5th, and 6th grades of the basic stage. The population and sample of the study consisted of the whole content of the pupils and activities' textbooks for those three grades of basic stage. The areas of life skills analyzed were time management, decision-making, problem-solving, social communication, personal skills, and higher thinking skills). The descriptive-analytical approach was used to collect and analyze data. The findings showed that the life skills areas were distributed unevenly in Sharia sciences textbooks. The findings also showed that the area of social communication was incorporated more than the remaining areas and that the areas of personal skills and higher thinking skills were fairly incorporated in some textbooks. The rest of the areas of life skills were incorporated with a less-than-expected ratio and the time management area were among the least incorporated areas, which demands reconsideration of life skills distribution and incorporation in the Sharia sciences textbooks to create a balanced distribution.

Al-Deiri (2019) conducted a study aimed at identifying the degree to which Secondary school teachers in Jordan possess 'life skills''. A descriptive survey method was used. The study consisted of 91 Secondary teachers in the Za'tari Camp distributed among six (6) Secondary schools. The researcher developed a questionnaire consisting of (36) items addressing four main domains: communication skills' positive thinking' anger management' and decision-making and problem solving. The study showed that the Secondary school teachers exhibit a moderate level of life skills' and there were statistically significant differences in life skills between genders' with female teachers possessing slightly higher level of life skills. There were statistically significant differences also based on time in the teaching profession' with teachers with more than 10 years of experience demonstrating higher life skills. There were also statistically significant differences based on academic qualifications among teachers' in favor of those teachers who have completed postgraduate studies. The life skills of decision-making and problem were ranked highest' with an average of (3.96) ' while anger management came last with an average of (2.75).

Al-Qusairy (2018) conducted a study aimed to identify the degree to which students in the first three grades achieve life skills from the female teachers' perspectives. The sample consisted of (112) female teachers of Bani Kenanah educational directorate. The researcher has chosen the sample according to random-cluster sampling technique. A questionnaire was used to elicit data to identify the degree to which students in the first three grades acquire life skills from the female teachers' perspectives. The findings indicated that the degree to which students achieve life skills fell in the "medium" category. The obtained findings also showed that there were statistical differences in the female teachers' ratings attributed to academic qualifications in favor of female teachers holding bachelor degree or lower. In addition, the results revealed no statistical differences in the female teachers' ratings attributed to female teachers' years of teaching experience or the class they teach.

Abu Saiba& Al Hadidi(2018) conducted their study aimed to identify the life skills included in the text book of English for the sixth Basic grade in Amman and the degree of students' acquisition it of these skills, from their teachers ' perspective. The sample of the study contained from all pages of the text book of English for the sixth Basic grade. Teachers sample consisted (322) teachers from three directorates. The researchers prepared both instrument of study the form, and the analysis of the level distributed on three main fields: mental skills, practical skills and social skills. Also they prepared a questionnaire consists of (26) items in three domains. The results indicated that the degree of availability of life skills included in the English language textbook for the sixth Basic grade was high in the field of mental skills, with a percentage (45%), and in the field of practical manual skills, it came with a moderate degree, at a rate of (34%). Social skills came at a low rate, at a rate of (21%). Also, the finding showed that the degree of students' acquisition it of these skills, from their teachers' perspective with an intermediate degree and in all three fields of study and there are no differences according to the variables: gender, educational qualification, and level of experience, with the exception of the gender variable in the field of social skills and in favor of females.

Al-Faraji (2017) aimed in his study to analyze the life skills included in the sciences books for the elementary stage in Iraq. Content analysis has been applied using a valid and reliable instrument included the life skills distributed to five domains: health skills, nutrition skills, and environmental skills and manual skills. The sample consisted of the sciences textbooks for fourth, fifth, and sixth elementary grade in Iraq. The findings indicated that the fourth grade textbook come at the first rank regarding the life skills by (10) frequencies, followed by the sixth grade textbook by (11) frequencies, and finally the fifth grade textbook by (11) frequencies. The manual skills field came first in the three textbooks together by (11) frequencies, then environmental skills field by (11) frequencies, then the health skills field by (18) frequencies, then nutrition skills field by (16) frequencies, and finally the precautionary skills field by (61) frequencies.

From the reviewed studies, it is clear that all studies were related to life skills through analysis and the level of achievement. The researchers analyzed different school subjects, such as (Alsayel, 2021; Abu Saiba& Al Hadidi, 2018) who analyzed the life skills in English language textbooks. The study of (Al Jurani & Al Khalidi, 2021; Al-Faraji, 2017) analyzed life skills in science textbooks. Moreover, the study of (Al-Khlan, 2021) analyzed the life skills in Sharia sciences textbooks. The study of (Al-Deiri, 2019; Al-Qusairy, 2018) identified the degree to possess life skills. The present study seeks to analyze the content of 2nd secondary school grade English language textbooks in Jordan and to find out the degree of the availability of life skills. This study differs from the reviewed studies because it analyzes the content of 2nd secondary school grade English language textbooks in Jordan. There are no, to the

researchers' best knowledge, studies that analyzed English language textbooks, specifically under the study.

III. Research Methods

3.1 The Population of the Study

The population of the study consisted of 2nd secondary school grade English language textbooks which are instructed in Jordan in the scholastic year 2021/2022.

3.2 The Sample of the Study

The sample of the study consisted of all content included in the 2nd the secondary school grade English language textbook "Action Back" (Student's Book and Activity Book).

3.3 The Instrument of the Study

To achieve the study purposes, the researchers developed a life skills list included in 2nd secondary school grade English language textbooks in Jordan based on the educational literature in this context, life skills list consisted of (9) categories, while each category has a number of the sub- category. The researchers developed life skills with the nine categories: (1) Problem-solving (2) Critical thinking (3) Effective communication, (4) Decision making, (5) Creative thinking (6) Interpersonal relationships (7) Self-awareness building (8) Empathy (9) Coping with stress and emotions, to analyze the content in 2nd secondary school grade English language textbooks to judge the availability and distribution of life skills in these textbooks.

3.4 Validity of the Instrument

Instrument validity has been referred for examination by a number of professional experts and professors in Mutah University and English language supervisors in order to ascertain thorough wording of the life skills list, accurate phraseology, and clear components, some skills, and phrases have been amended for improving the degree of life skills list validity.

3.5 Reliability of the Instrument

The verification of the reliability of the analysis by employing a re-analysis of the content of 2nd secondary school grade English language textbooks by the researchers after a period of four weeks, then the percentage of agreement between the number two times of Analysis was calculated using the Cooper equation to ensure ratios agreement for the purposes of the reliability analysis and the results were ranged from (89%- 92%) for each textbook, which is high ratios indicate the availability of high degree of reliability in the analysis.

3.6 Analysis Procedures

1. Unit of Analysis

The unit of analysis used in this study was the sentence, the word, the picture, the sign, and the expression which shows or indicates a specific life skill.

2. Categories of Analysis

Understanding the essential domains of the proposed life skills included in English language textbooks for the Secondary stage in Jordan, and the sub-skills that fall below it and belonging to it, it has represented the following areas: (1) Problem-solving (2) Critical thinking (3) Effective communication, (4) Decision making, (5) Creative thinking (6) Interpersonal relationships (7) Self-awareness building (8) Empathy (9) Coping with stress and emotions.

3. Analysis Method Used

This study used the content analysis method for the detection of life skills in 2nd secondary school grade English language textbooks in Jordan.

3.7 Statistical Analyses

This research is descriptive in nature. The researchers used the analytical approach design (content analysis, frequencies, and percentages)

IV. Discussion

The current study aims to investigate the existence of life skills in the content of 2nd secondary school English language textbooks in Jordan. These life skills are Problem-solving, Critical thinking, Effective Communication, Decision making, Creative thinking, Interpersonal relationship, Self-awareness building, Empathy, Coping with stress and emotions life skills. Another purpose is to identify the occurrences of the sub-categories of life skills included in 2nd secondary school grade English language textbooks in Jordan.

This part introduces the findings of the study as they are statistically treated in addition to the analysis and discussion of the results in light of the questions of the study. The researchers used different statistical analyses such as means of frequencies and percentages to show the final collected data results.

4.1 Findings related to the first question "What are the Life Skills Included in the 2nd Secondary School Grade English Language Textbooks in Jordan?"

The content analysis card was designed to collect the relevant data regarding the first study question "What are the life skills included in the 2nd secondary school grade English language textbooks in Jordan?"

In order to answer the first question, the researchers analyzed the content of 2nd secondary school English language textbooks in Jordan. The analysis included the student's book and the activity Book of 2nd secondary grade.

Table (1) shows the total number of life skills that appear in the Basic stage English language textbooks. These life skills are classified into nine domains namely; (1) Problem-solving (2) Critical thinking (3) Effective communication, (4) Decision making, (5) Creative thinking (6) Interpersonal relationships (7) Self-awareness building (8) Empathy (9) Coping with stress and emotions.

Table 1. Life Skills Included in the 2nd Secondary School Grade English Language Textbooks in Jordan

Life skills domains	Frequencies	Percentage	Rank
Problem Solving Life Skills	284	10.61%	4
Critical Thinking Life Skills	161	6.02%	9
Effective Communicative Life Skills	668	24.96%	1
Decision Making Life Skills	306	11.43%	3
Creative Thinking Life Skills	206	7.70%	6
Interpersonal Relationship Life Skills	363	13.57%	2

Self-Awareness Building Life Skills	282	10.54%	5
Empathy Life Skills	205	7.66%	7
Coping with Stress and Emotions of Life Skills	201	7.51%	8
Total	2676	100%	

Table (1) shows that there are (2676) life skills included in 2nd secondary school grade English language textbooks in Jordan, the effective communicative life skills domain gets the highest score of 668 frequencies, 24.96%. The next score is the interpersonal relationship life skills domain. It got a score of 363 frequencies, 13.57%. Decision Making Life Skills is in the third position with 306 frequencies, 11.43%. The fourth is problem solving life skills domain that gets 284 frequencies, 10.61%. The fifth is self-awareness building life skills domain that gets 282 frequencies, 10.54%. The sixth is creative thinking life skills domain that gets 206 frequencies, 7.70%. The seventh is empathy life skills domain that gets 205 frequencies, 7.66%. The eighth is the coping with stress and emotions of life skills that gets201 frequencies, 7.51%. The lowest score is critical thinking life skills domain with only161 frequencies, 6.02%.

4.2 Findings Related to the Second Question "What are the Occurrences of the Sub-Categories of Life Skills Included in 2nd Secondary School Grade English Language Textbooks in Jordan?"

In order to answer the second question, the researchers put each domain of life skills included in 2nd secondary school grade English language textbooks in separate tables which present more accurate the frequencies and percentages of the main life skills and sub-skills as shown below; Table (2) presents the frequencies and percentages of the Problem-solving life skills included in 2nd secondary school grade English language textbooks.

Table 2. Problem Solving Life Skills Included in 2nd Secondary School Grade English Language Textbooks in Jordan

	Problem Solving Life Skills			
No.	Item	Frequencies	Percentage	Rank
1	Defining the problem	79	27.82%	2
2	Identifying the causes of the problem	69	24.30%	3
3	Information gathering skills	56	19.72%	4
4	Planning various alternatives	80	28.17%	1
	Total	284	100%	

Table (2) presents the percentage of frequencies for each item in the Problem-Solving life skills domain out of the total percentage of frequencies. The item "Planning various alternatives" got the highest scores 80 frequencies, in a percentage 28.17%. The researchers consider these results strong if they are compared with the total percentage of the domain.

Table (3) presents the frequencies and percentages of the Critical thinking life skills included in the Basic stage English language textbooks in Jordan.

Table 3. Critical Thinking Life Skills Included in 2nd Secondary School Grade English Language Textbooks in Jordan

	Critical Thinking Life Skills				
No.	Item	Frequencies	Percentage	Rank	
1	Organizing thoughts	44	27.33%	2	
2	Observational skills	45	27.95%	1	
3	Conceptual thinking skills	41	25.47%	3	
4	Explanation skill	31	19.25%	4	
	Total	161	100%		

Table (3) presents the percentage of frequencies for each item in the critical thinking life skills domain out of the total percentage of frequencies. The item "Observational skills" got the highest score 45 frequencies in a percentage of 27.95%. The researchers think that organizing thoughts is a very important.

Table (3) presents the frequencies and percentages of the Effective communicative life skills included in in 2nd secondary school grade English language textbooks in Jordan.

Table 4. Effective Communicative Life Skills Included in 2nd Secondary School Grade English Language Textbooks in Jordan

Effective Communicative Life Skills				
No.	Item	Frequencies	Percentage	Rank
1	Spoken(oral) communication	207	30.99%	2
2	Written communication	236	35.33%	1
3	Listening skills	110	16.47%	4
4	Reading skills	115	17.22%	3
	Total	668	100%	

Table (3) presents the percentage of frequencies for each item in the effective communicative life skills domain out of the total percentage of frequencies. The item "Written communication" got the highest score **236** frequencies in a percentage of **35.33%**. The researchers think that written communication skills got this score because English language textbooks for 2nd secondary school grade English language textbooks depend mainly on communicating with others.

Table (4) presents the frequencies and percentages of the Decision making life skills included in 2nd secondary school grade English language textbooks in Jordan.

Table 5. Decision Making Life Skills Included in 2nd Secondary School Grade English Language Textbooks in Jordan

	Interpersonal Relationship Life Skills					
No.	Item	Frequencies	Percentage	Rank		
1	Establishing positive relationships	116	31.96%	1		
2	Respecting and appreciating morals, values, rights, and norms	84	23.14%	3		
3	Following instructions	90	24.79%	2		
4	Team-working	73	20.11%	4		
	Total	363	100%			

Table (4) presents the percentage of frequencies for each item in the decision making life skills domain out of the total percentage of frequencies. The item "Listing options before making a decision "got the highest score 113 frequencies in a percentage of 36.93%.

Table (5) presents the frequencies and percentages of the Creative thinking life skills included in 2nd secondary school grade English language textbooks in Jordan.

Table 6. Creative Thinking Life Skills Included in 2nd Secondary School Grade English Language Textbooks in Jordan

	Creative Thinking Life Skills				
No.	Item	Frequencies	Percentage	Rank	
1	Experimentation	46	22.33%	3	
2	Applying technology	55	26.70%	2	
4	Classifying and Comparing	37	17.96%	4	
5	Prediction	68	33.01%	1	
	Total	206	100%		

Table (5) presents the percentage of frequencies for each item in the creative thinking life skills domain out of the total percentage of frequencies. The item "Prediction" got the highest scores **68** frequencies in a percentage of **33.01%.** The researchers think that Prediction is a very important skill.

Table (6) presents the frequencies and percentages of the Interpersonal relationship life skills included in 2nd secondary school grade English language textbooks in Jordan.

Table 7. Interpersonal Relationship Life Skills Included in the Basic Stage English Language Textbooks in Jordan

	Interpersonal Relationship Life Skills				
No.	Item	Frequencies	Percentage	Rank	
1	Establishing positive relationships	116	31.96%	1	
2	Respecting and appreciating morals, values, rights, and norms	84	23.14%	3	
3	Following instructions	90	24.79%	2	
4	Team-working	73	20.11%	4	
	Total	363	100%		

Table (6) presents the percentage of frequencies for each item in the interpersonal relationship life skills domain out of the total percentage of frequencies. The item "Establishing positive relationships" got the highest score 116 frequencies in a percentage of 31.96%.

Table (7) presents the frequencies and percentages of the Self-awareness building life skills included in 2nd secondary school grade English language textbooks in Jordan.

Table 8. Self-Awareness Building Life Skills Included in 2nd Secondary School Grade English Language Textbooks in Jordan

	Self-awareness building life skills				
No.	Item	Frequencies	Percentage	Rank	
1	Building self-confidence	72	25.53%	2	
2	Self-evaluation	63	22.34%	4	
3	Integrating personal and social identity	64	22.70%	3	
4	Demonstrating honesty and integrity	83	29.43%	1	
	Total	282	100%		

Table (7) presents the percentage of frequencies for each item in the self-awareness building life skills domain out of the total percentage of frequencies. The item "Demonstrating honesty and integrity "got the highest score 83 frequencies in a percentage of 29.43%.

Table (8) presents the frequencies and percentages of the Empathy life skills included in 2nd secondary school grade English language textbooks in Jordan.

Table 9. Empathy Life Skills Included in 2nd Secondary School Grade English Language Textbooks in Jordan

	Empathy Life Skills			
No.	Item	Frequencies	Percentage	Rank
1	Understanding others emotions	57	27.80%	3
2	Practicing kindness and helpful	75	36.59%	1

3	Caring about others' needs	73	35.61%	2
	Total	205	100%	

Table (8) presents the percentage of frequencies for each item in the empathy life skills domain out of the total percentage of frequencies. The item "Practicing kindness and helpful" got the highest score 75 frequencies in a percentage of 36.59.

Table (9) presents the frequencies and percentages of the Coping with stress and emotions of life skills included in 2nd secondary school grade English language textbooks in Jordan.

Table 10. Coping with Stress and Emotions of Life Skills Included in 2nd Secondary School Grade English Language Textbooks in Jordan

	Coping with Stress and Emotions of Life Skills				
No.	Item	Frequencies	Percentage	Rank	
1	Healthy coping skills	52	25.87%	3	
2	Relaxation skills	53	26.37%	2	
3	Sporting practicing skills	42	20.90%	4	
4	Expressing own feelings	54	26.87%	1	
	Total	201	100%		

Table (9) presents the percentage of frequencies for each item in the coping with stress and emotions of life skills domain out of the total percentage of frequencies. The item "Expressing own feelings" got the highest score 54 frequencies in a percentage of 26.87%.

V. Conclusion

The main findings touched on the variance that occurred in the distribution of the nine main domains in 2nd secondary school grade English language textbooks in Jordan. There is (2676) life skills included in 2nd secondary school grade English language textbooks in Jordan; the effective communicative life skills domain gets the highest score of 668 frequencies, 24.96%. The next score is the interpersonal relationship life skills domain. It got a score of 363 frequencies, 13.57%. The Decision-Making Life Skills domain is in the third position with 306 frequencies, 11.43%. The fourth is the problem-solving life skills domain which gets 284 frequencies, 10.61%. The fifth is self-awareness building life skills domain that gets 282 frequencies, 7.70%. The sixth is the creative thinking life skills domain which gets 206 frequencies, 7.66%. The eighth is the coping with stress and emotions of life skills that gets201 frequencies, 7.51%. The lowest score is the critical thinking life skills domain with only161 frequencies, 6.02%.

The findings of the study show that there is a variance in presenting the nine main domains in 2nd secondary school grade English language textbooks in Jordan. Even in the one domain, there is a variance in presenting the items. Also, the findings indicated that the effective communication life skills in 2nd secondary school grade English language textbooks in Jordan have the highest percentage. It is clear that the 2nd secondary school grade English language textbooks in Jordan focus on communication. Life skills' distribution indicates the lack of a good strategy based on the design and development of English language textbooks

for 2nd secondary school grade in Jordan in the distribution of life skills and the extent mentioned in these textbooks, and the appearances of some life skills were not demanded level, in spite of its significance and the necessity of the learners. Whereas, some of the life skills record very few percentages which are not accepted, where is considered effective on the level of learner education life skills. So what is required is to include these life skills in English language textbooks for 2nd secondary grade.

References

- Abu Saiba, M& Al Hadidi,M.(2018). The Degree Life Skills are Included in the English Language Curriculum for Sixth Grade Students in Amman and the Degree these Skills are Acquired by Students as Perceived by their Teachers. Dirasat: Educational Sciences .45 (3):370-387.
- ttps://eservices.ju.edu.jo/ES/Article/ViewArticle?volume=45&issue=3&articleId=101771
- Ahmed, Shaban. (2016). Social support and its impact on developing life skills for families of people with special needs, Reading and Knowledge Journal, (179): 25.
- Al- Deiri, Z. (2019). The Level of Life Skills Experience of High School Teachers in Jordan from Their Perspectives. Unpublished Master's Thesis, Al-Albayt University.
- Al-Faraji, M. (2017). Life Skills Included in the Content of Science Textbooks of the Elementary Stage in Iraq. Unpublished Master's Thesis, Al-Albayt University.
- Al Jurani, M&AL Khalidi, T.(2021) Analysis of the content of the applied fifth grade chemistry book according to life skills .Turkish Journal of Computer and Mathematics Education .12 (13), 6535 6554.
- Al-Khlan, Th. (2021).Life skills incorporated in the Sharia Sciences Courses at The Elementary Stage in Saudi Arabia, Journal of Arts & Humanities, 9 (3):1-13
- Al Masri, H.&Smadi, W. (2016). The Inclusion of Life Skills in English Textbooks in Jordan. Journal of Education and Practice, 7(16):81-96.
- Al-Qusairy, L. (2018). The Degree Pupils in the First three Grades Acquire Living Skills from the Teachers' Point of View. Unpublished Master's Thesis, Yarmouk University.
- Alsayel, H. (2021). Content Analysis of the English Textbooks for the Fifth Grade in Light of Life Skills: A Comparative Study between Jordan and Finland, Master thesis, Middle East University, Amman, Jordan.
- Bani Amer, Mohammad. (2021) . Lexical Density and Readability of Secondary Stage English Textbooks in Jordan. International Journal for Management and Modern, 2(2): 11-20
- Bani Amer, Mohammad. & Al-Khataybeh, Majid.(2021). The Achievement of English Language Curricula for Secondary Stage from the Perspectives of EFL Teachers and Supervisors in Jordan. Language Literacy: Journal of Linguistics, Literature and Language Teaching, 5 (1): 36-47. DOI: https://doi.org/10.30743/ll.v5i1.3643
- Bardhan, A. (2016). Life Skills Education: A Strategy for Handling Adolescents' Risk Behavior. Journal of Humanities and Social Science, 21(7):92–99.
- Dhanasekaran, M. (2018). Effect of Developing Life Skills on Enhancing Teaching Competency among Diet Student Teachers, Ph.D. Education Dissertation Tamil University, Thanjavur.
- Fahim, M. (2005). The Child and Life Skills in Kindergarten and Primary School, Egyptian Thought House, Cairo, Egypt.
- Fitzpatrick, S. (2014). Priorities for Primary Education? From Subjects to Life Skills and Children's Social and Emotional Development. Irish Educational Studies, 33(3): 269-286.
- Irannezhad, S. (2017). Effectiveness of life-skills training on the mental health of 2nd grade High School students in Bam-Iran. Bali Medical Journal, 6(3): 583-588.

- Javrh,P. &Mozina,E.(2018). The life skills approach in Europe, Summary of the LSE analysis. The European Commission.
- Gayatri, MSW. Channaveer, RM., & Lakshmana, G. (2017). Life skills education program among high school children: An intervention study. Journal of Mental Health Education, 1 (1), 19-29.
- Keshta, A. (2000) Alternative Approach for Teaching Literature to Undergraduate Studies in Gaza Strip. Unpublished Doctoral Dissertation, Faculty of the College of Education: University of Houston.
- Kwauk C & Braga. (2017) Life skills education is more than teaching skills, Brookings institution Washington DC.
- Lagat, G. (2017). Life Skills Education Curriculum Implementation: Appropriateness of Teaching Methodologies Used by Secondary School Teachers In Usain Gishu Country, Kenya. International Journal of Education, Learning and Development, 5(4), 86-95.
- Monteiro, R. & Shetty, L. (2016). Introduction of life skills education in curriculum for creative and positive social functioning among young students. International journal of engineering research and modern education, 1(1), 332-341.
- Nivedita, G. & Singh,B. (2016). Life Skills Education: Needs and Strategies, Scholarly Research Journal for humanity science & English Language, 3(16):3800-3806.
- Parry, C. &Nomikou, M. (2014). Life skills: developing active citizens. London: British Council.
- Prajapati, R., Sharma, B., & Sharma, D. (2017). Significance of life skills education. Contemporary Issues in Education Research (CIER), 10(1), 1-6.
- Rani.R&Menka (2019). Life skills education: Concern for educationists for holistic development of adolescents. Paripex Indian Journal of Research, 1(18) (31-32)
- Reddy, V. (2017). Life skill education, Mangalam Publishers & distributors: New Delhi, India
- Richards, J. (2001) Curriculum Development in Language Teaching. Cambridge University Press. New York, USA.
- Saravanakumar, AR. (2020). Life Skill Education through Lifelong Learning. Lulu Publication, USA.
- Singh, H.&Gera, M. (2015). Strategies for development of Life skills and global competencies. International Journal of Scientific Research, 4(6):760-763.
- Srivastava, G. (2017). The importance of life skills for adolescents. White Swan Foundation. Delhi, India.
- Tan,S.(2018). Life Skills Education: Teachers' Perceptions in Primary School Classrooms in Finland and Singapore. Master's Thesis in Education. Department of Education University of Jyvaskyla.
- UNICEF. (2012). Evaluation Report: Global Evaluation of Life Skills Education Programs. Evaluation Office. New York: United Nations Children's Fund.
- World Health Organization. (2014). The development and dissemination of life skills education: An overview. WHO.
- Yadav, P, & Iqbal, N. (2009). Impact of life skill training on self-esteem, adjustment and empathy among adolescents. Journal of the Indian academy of applied psychology, (35): 61-70.